

2011 Anusara Yoga® Therapy Training Application

Name _____
Address _____
Phone (H) _____ (W) _____ (C) _____
e-mail address _____ Age _____

Pre-requisites: Completion of an Anusara Immersion or other complimentary training in body work and comprehensive understanding of Anusara Yoga alignment principles.

1. How long have you been studying Anusara Yoga? Who have been your primary teachers?

2. Do you have a strong working knowledge of the Universal Principle of Alignment™ of Anusara Yoga? If not, where are you unclear?

3. Do you have other training in bodywork? If so, what modalities and how long have you been in private practice?

4. Please list any health or time limitations that may affect your participation in the course.

5. Have you taught yoga before? If so, for how long? What style? Where? Average class size?

7. Please explain your reasons for wanting to participate in this course. What are you most excited about? In what areas do you expect the most growth/challenge?

Agreements for the 2011 Anusara Yoga Therapy Training

I, _____, understand that I have a financial responsibility for the
(please print your name)

entire cost of this 2011 Inner Freedom Yoga Therapy Training, and whether I miss one day, one weekend, or several days, the entire amount is due by no later than November 12, 2011. I understand that there will not be any refunds or trades offered for any payments I have made, except if this training is cancelled.

I understand the costs of this course as:

Payment in Full: \$510 if paid in full by September 1, or \$550 by September 20.

Payment in Full: \$550 by November 4

Payment Plan: \$590 with \$250 non-refundable deposit due Nov. 4, \$200 due Dec. 2 and \$140 due Dec. 15.

Late Payment Fee: Balance payments will be charged a late fee of \$5 per day or \$25 per week late.

There are no refunds of sections missed, nor is there a refund of any portion of the training after October 15, 2011. If I decide to cancel my attendance in this training, I can use the funds for future workshops with Inner Freedom Yoga, minus a \$50 cancellation fee. In the event of my absence from sessions in this 2011 Inner Freedom Yoga Therapy Training, based on accident, illness, emergency, or family emergency, I understand that I can make arrangements to make up missed sessions in future Inner Freedom Yoga Yoga Therapy Training courses with Robyn Smith at no cost. These make-ups will be at the rate of one hour for every hour of same topic class missed in 2011. If make-ups are not possible, I have the option to schedule private paid sessions with Robyn Smith or Patrick Harestad to cover missed material at the rate of \$50 per hour.

I understand that in order to receive certification in the 2011 Inner Freedom Yoga Therapy Training, I must have full attendance or make-ups, complete all assignments, and any make-up material for missed attendance, and have a solid understanding of the material covered.

Enclosed is my deposit/full payment (circle one) of \$ _____ check/cash/money order.

I am choosing Full Payment or payment plan option one/two (please circle one).

(Please make check/M.O. payable to Inner Freedom Yoga). I have read and agree to the above arrangements for this course.

Signed _____ Date _____

Keep this page for your own records:

DATES:

November 11-13

December 2 - 4

**SCHEDULE: all sessions at Community Yoga Center, 890 G st, Arcata Plaza
except those noted below**

Fridays 4 - 7 p.m. at Soul to Soul Spa upstairs classroom next to Humboldt Brews on 10th St.

Saturdays, 11:45 a.m. - 6:30 p.m. with break

Sundays, 9:30 a.m. - 1 p.m. and 2:30 - 5:30 p.m. (Nov. 13: morning session at Soul to Soul)
in Arcata

COST:

Payment in Full: \$550 by November 4

Payment Plan: \$590 with \$250 non-refundable deposit due Nov. 4, \$200 due Dec. 2 and \$140 due Dec. 15.

Please make payments to Inner Freedom Yoga.

Please complete and send (do not e-mail) pages 1 and 2 of this application and your full payment or a deposit to Inner Freedom Yoga, 890 G St, Arcata, Ca, 95521. You can also drop it in the wooden mailbox at the yoga center, or hand it to any IFY teacher after a class.

We look forward to sharing this healing adventure with you!

Robyn Smith, owner

Inner Freedom Yoga