

## 2012 Anusara Yoga Immersion Application

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_  
e-mail address \_\_\_\_\_ Age \_\_\_\_\_

**Pre-requisites:** 1 year of yoga practice, with 30 hours, or 6 months of Anusara Yoga experience, and genuine enthusiasm for yoga!

1. How long have you been studying yoga? What styles and how long with each?

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2. Who has been your most influential teacher? In what style of yoga? How many days per week do/did you study with this teacher and for how long?

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3. Please describe your home practice in terms of days per week, length of time, choice of asana, meditation, pranayama, prayer, etc.

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4. List any health or time limitations that may affect your participation in the course.

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5. Do you intend to attend the Teacher Training in the fall?

Have you taught yoga before? If so, for how long? What style? Where? Average class size?

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6. Do you have any other training, background, or teaching experience that may be relevant to this course? Please describe.

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7. Please explain your reasons for wanting to participate in this course. What are you most excited about? In what areas do you expect the most growth/challenge?

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8. Please share briefly about your relationship with yoga. What does it offer you?

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**COST:**

FULL PAYMENT: \$1195 if paid by December 15 or \$1260 if paid by January 15.

**PAYMENT PLAN OPTIONS:**

- 1) \$1325 with \$425 non-refundable deposit due with registration by January 25 and \$300 due March 2, March 30, and April 20.
- 2) \$1360 with \$360 non-refundable deposit due with registration and \$200 due first day of each training weekend Feb. - May.
- 3) Please contact Robyn if you'd like a personally designed payment plan

(Price does not include the cost of required reading materials and CD's).

**Please complete and send (do not e-mail) pages 1 - 3 of this application and your full payment or deposit to the above address. You can also drop it in the wooden mailbox at the yoga center, or hand it to me after a class.**

I look forward to sharing this yoga journey with you!

*Robyn Smith, owner  
Inner Freedom Yoga*

## Agreements for the 2012 Anusara Yoga Immersion with Robyn Smith

I, \_\_\_\_\_, understand that I have a financial responsibility for the  
(please print your name)

entire cost of this 2012 Anusara Yoga Immersion, and whether I miss one day, one weekend, or several days, the entire amount is due by no later than June 20, 2012. I understand that there will not be any refunds or trades offered for any payments I have made, except if this training is cancelled or I am asked to leave this training.

I understand the costs of this course as: \$1195 if paid in full by December 15, 2011 or \$1260 if paid in full by January 15, 2012. or: 1) \$1325 with \$425 non-refundable deposit due with registration by January 25 and \$300 due March 2, March 30, and April 20, 2012. or 2) \$1360 with \$360 non-refundable deposit due with registration and \$200 due first day of each training weekend Feb. - May, 2012.

**Late Payments:** Balance payments will be charged a late fee of \$5 per day or \$25 per week late.

In the event of my absence from sessions in this 2012 Anusara Yoga Immersion, based on accident, illness, emergency, or family emergency, I understand that I can make arrangements to make up missed sessions in future Immersions with Robyn Smith. These make-ups will be at the rate of one hour for every hour of same topic class missed in 2012, free of charge. If make-ups are not possible, I have the option to schedule private paid sessions with Robyn Smith to cover missed material at the rate or \$45 per hour. These may be shared with others who need to make up the same material to share cost. Usually, make-ups can be completed in much less time than the actual Immersion Hours. Make-up assignments may also be possible depending on the content missed.

I understand that in order to be accepted into the Inner Freedom Yoga Teacher Training, I must complete all Immersion homework and reading assignments, and any make-up material for missed attendance, and have a solid understanding of the material covered in the Anusara Yoga Immersion, or some equivalent. This may mean I need to do extra assignments, schedule a private session/s with Robyn, or review material before attending the Teacher Training.

Enclosed is my deposit/full payment (circle one) of \$\_\_\_\_\_ check/cash/money order.  
(Please make check/M.O. payable to Inner Freedom Yoga). I have read and agree to the above arrangements for this course.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Please keep this page for your files.

I will be communicating with you strictly through emails re. training information, location and scheduling updates, reading list and assignments. Having and using your email is necessary to stay updated.

**2012 IMMERSION DATES:**

- 1: Feb. 3 - 5
- 2: March 2 - 4
- 3: March 30 - April 1
- 4: April 20 - 22
- 5: May 18 - 20
- 6: June 22 - 24 (retreat weekend)

June weekend will be a retreat at a remote beautiful location approx. 2.5 hours drive from Arcata. Camping, all instruction, and one catered meal is included. You will need to bring food for other meals. There may be inside lodging available at an extra fee. More info coming soon.